The Districts comprising Districts formerly associated with the Upper Midwest PETS Council, Northern Illinois PETS and Land of Lincoln PETS, represented by their respective District Governors Nominee ("DGNs") (2012-13) and a Past District Governor ("PDG") from each District, met in November 2010 to explore a merger of all of the respective Districts into one President Elect Training Seminar ("PETS") group. After considerable deliberation, and with the assistance of a Visioning team, seven of the Districts represented agreed in principle to promote within their Districts a merger of the three PETS councils and to continue organizing efforts with a goal of convening the first combined Multi-District PETS in the year 2012.

With a goal of enhancing the inherent leadership abilities of the Rotarians selected to lead their Rotary Clubs with a thorough grasp of the basic fundamentals of a successful Rotary Club, the seven Districts held the first Midwest PETS in Itasca, Illinois in March of 2012. Midwest PETS has met in Itasca every year since that first PETS gathering.

Initially, the program focused solely on club presidents-elect, with the program starting at breakfast on Saturday morning and ending after lunch on Sunday. Electives were offered on Friday afternoon the following year and continue through the present program. In addition, a separate track was developed and is now offered for club presidents-nominee, and another training program for District assistant governors.

Over 550 registrants participated in the most recent Midwest PETS in March of 2017. Midwest PETS now begins at 1:00 p.m. on Friday and concludes with lunch on Sunday.

Midwest is governed by a Council representing the following from each of the seven-member District: Governor-elect, Governor-nominee, a member at-large, and the district trainer. The Council is served by an Executive Committee consisting of Chair and Vice-Chair, Treasurer, Secretary, and Chairs and Vice-Chairs of program, training, registration, and facilities.